women's health matters!

Patient journey for medication abortion with a GP

1. Positive self-pregnancy test

2. Initial appointment with GP (face-to-face, approx. 30 mins)
   - Request blood tests and ultrasound
   - Discuss long acting contraceptives (such as Implanon or an IUD). Note: this is optional if you would like post-abortion contraceptives provided
   - Counselling on medication/surgical abortion options
   - Book second appointment (if needed)

3. Make an appointment directly with your local pathology and imaging clinic for your blood test and ultrasound

4. Second appointment with GP (face-to-face, approx. 20 mins)
   - Confirm and receieve your blood test and ultrasound results
   - Confirm that your pregnancy is between 6-10 weeks gestation
   - Prescribe you abortion medication (MS-2 Step) and other pain relief medication you may need
   - Discuss contraceptive options if you would like
   - Book in follow up appointment

5. Collect your MS-2 Step medication, pain relief and items (such as sanitary pads) from the pharmacy

6. When at home/in a private, comfortable space, take the medication, following the instructions provided.

   There are two doses to be taken - follow instructions from your GP. In the first 24 hours pain relief medication provided is recommended

7.
   - 4-5 days post medication abortion, follow up and wellbeing check with your GP (telehealth)
   - 14-days post medication abortion, you will need to have an additional blood test to confirm termination is complete

8.
   - 14 days post medication abortion - follow up appointment with GP (approx. 15 mins)
   - Either face-to-face or via telehealth
   - Confirm that termination has occured with no complications
   - You may need more than one follow-up appointment

OPTIONAL
Contraception insertion appointment (approx. 30 mins) with GP.
Follow up appointments may be required depending on the type of contraception.