women's health matters!

Patient journey for medication abortion with Sexual Health and Family Planning (SHFPACT)

1. Positive self-pregnancy test

2. Initial appointment with SHFPACT (face-to-face, approx. 1 hour)
   - 30 minute nurse appointment to:
     - confirm suitability for medication abortion
     - discuss reproductive health data incentive fund
     - offer STI and cervical screening
     - Discuss long acting contraceptives (such as Implanon or an
     - IUD). Note: this is optional if you would like post-abortion contraceptives provided
     - Process of medication abortion is explained in detail
   - 30 minute GP appointment to:
     - perform ultrasound
     - order medications
     - request blood tests
     - discuss complications and risks, when to seek care, confirm date and times to take medication and discuss contracptive options if you would like

3. Collect your MS-2 Step medication, pain relief and items (such as sanitary pads) from the pharmacy

4. Organise a blood test with Capital Pathology on the day you will take medication

   When at home/in a private, comfortable space, take the medication, following the instructions provided.

   There are two doses to be taken - follow instructions from your GP. In the first 24 hours pain relief medication provided is recommended

5. 7-14 days post medication abortion, you will need to have an additional blood test to confirm termination is complete

6. - 3 weeks post medication abortion - follow up appointment call with nurse (approx. 15 mins)
   - Confirm that termination has occured with no complications
   - You may need more than one follow-up appointment

OPTIONAL
Contraception insertion appointment (approx. 30-45 mins) with a GP
Follow up appointments may be required depending on the type of contraception